

"Horses saved my life ... and this is why I started The Equine Leadership Program."



[CHECK OUT OUR FEATURES HERE](#)

Are you interested in the honest & healing nature of horses?

Are you looking for a new and deeply transformative experience?

Are you ready to break old patterns, build trust and become a strong leader?

Are you waiting to unearth what's been missing in your personal & professional life?

....Then you're RIGHT where you need to be.

OUR MISSION

The Equine Leadership Program (ELP) in Topanga, California, is a unique alternative to equine therapy that guides clients through bonding and trust building exercises as well as transformative energy work with ELP's highly experienced horses.

This is the beginning of a new journey where, at the end of the path, you are greeted by "You;" The "You" that so many of us repress, deny, and mistrust. That is the life-changing journey that only ELP's horses, and founder Sabine, can help you embark on.

So, what do you say? *Are you ready to grab the reins?*



[LEARN MORE](#)



OUR FOUNDER

Having been a horse owner for over 50 years (and having raised her first pony at the age of 4 while growing up in Germany), Sabine is now sharing her life-saving mission with people looking for authentic connection, integration and transformation as we re-enter the World.

[ABOUT US](#)

Featuring renowned naturopathic doctor, relationship coach and trauma expert with 30+ years of experience, **Heike Hudson N.D.**, who is coming to the ranch for the first time from 11/11 to 11/16.

***Spaces are limited. Book your first sessions today!**

[LEARN MORE ABOUT HEIKE](#)

OUR PROGRAMS

We offer six packages: Meet the Horses; An Introductory Session; Packages of 3 or 6 sessions for those who want to expand on this work; A Corporate Leadership and Team-Building package; And a Couples and Relationship Improvement package.



[ABOUT OUR PROGRAMS](#)

A TOUCHING REFLECTION FROM OUR CLIENT, CIENA RAE

"Prior to this work, I had managed to become afraid of the life I once lived. I'd been experiencing so much pain, that I had become pain avoidant. The problem with avoiding pain, is that pain is inevitable in this life and furthermore, the only time you get to experience joy is by pushing through the pain..."

Since working with Sabine and her horses, I have less anxiety, I feel more in tune with my inner voice, stronger, confident, more clear-headed, and much more present. There are very few things in life that can do that for me."



Are you ready to grab the reins and meet the life-changing transformation, freedom and leadership you've been searching for?

We look forward to meeting you soon!

[START YOUR JOURNEY](#)

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Topanga, California

